

# Student Assistance Program (SAP)

The Student Assistance Program (SAP) is a state-mandated program designed to assist school personnel in identifying issues related to alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student's success. The primary goal of the SAP is to help students overcome these barriers in order that they may achieve, remain in school and advance. Members of the SAP team are Counselors, the Drug and Alcohol Coordinator, Mental Health Coordinator, Art Therapist, Nurse and Administrators.

The 4 phases of the process that SAP goes through is:

- **Referral** – Anyone can make a referral if they are concerned about a student's behavior. Sap forms are located in the guidance and nurse's offices. Please give your referral to Kerry or your respective counselor
- **Team Planning** – The SAP team gathers information from school personnel and parents to help develop a plan to help the student. Blue Teacher Input forms are shared with the SAP team at our weekly meetings.
  - **Since Teacher Input Forms are used in developing a plan teachers are asked to get the forms back to your counselor within a week.**
- **Intervention and Recommendations** – The plan is put into action. This is the part teachers don't always see but we have many services like groups that can take place depending on the situations. PMSD is fortunate to have a Drug and Alcohol and Mental Health Coordinator who work exclusively with our district to provide in and out of school services.
- **Support and Follow-Up** – The team continues to work with the student and their family to provide support and monitoring for academic success.

If you have or know a child who is struggling due to a problem with drugs, alcohol, depression, suicidal thinking, suffering a recent loss, self- esteem or unexplained behavioral issues please make a referral to the SAP team.